

## PSHE including RE/ RSE Long term plan from Entry to Exit

	Primary Key stage 1 (From NC)	Primary Key stage 2 (From NC)		Secondary Key Stage 3 ( Asdan PD and short courses )			Secondary Key Stage 4 (Asdan PD and short courses)	
Thread of knowledge	Years 1 / 2	Years 3 / 4	Years 5 / 6	Year 7	Year 8	Year 9	Year 10	Year 11
Living in the Wider World  <i>Independence and Aspirations</i>	Belonging to a community Media literacy and digital resilience Money and work	Belonging to a community Media literacy and digital resilience Money and work	Belonging to a community Media literacy and digital resilience Money and work	<i>Developing goal setting, organisation skills and self-awareness</i>  <i>Developing self-confidence and self-worth.</i>	<i>Developing risk management skills, analytical skills and strategies to identify bias</i>  <i>Developing goal setting, motivation and self-awareness</i>	<i>Developing goal-setting, analytical skills and decision making</i>  <i>Developing analytical skills and strategies to identify bias and manage influence</i>	<i>Developing self-awareness, goal-setting, adaptability and organisation skills</i>  <i>Developing goal setting, leadership and presentation skills</i>	<i>Developing resilience and risk management skills</i>  <i>Developing empathy and compassion, clarifying values and support-seeking skills</i>
Relationships  <i>Autonomy and advocacy</i>	Families and friendships Safe relationships Respecting ourselves and others	Families and friendships Safe relationships Respecting ourselves and others	Families and friendships Safe relationships Respecting ourselves and others	<i>Developing empathy, compassion and communication</i>  <i>Developing assertive communication, risk management and support-seeking skills</i>	<i>Developing respect for beliefs, values and opinions and advocacy skills</i>  <i>Developing communication and negotiation skills, clarifying values and strategies to manage influence</i>	<i>Developing self-confidence, risk management and strategies to manage influence</i>  <i>Developing assertive communication, clarifying values and strategies to manage influence</i>	<i>Developing empathy and compassion, strategies to manage influence and assertive communication</i>  <i>Developing respect for diversity, risk management and support seeking skills</i>	<i>Developing communication and negotiation skills, risk management and support-seeking skills</i>  <i>Developing confidence, self-worth, adaptability and decision making skills</i>
Health and Wellbeing  <i>Choices and influences</i>	Physical health and Mental wellbeing Growing and changing Keeping safe	Physical health and Mental wellbeing Growing and changing Keeping safe	Physical health and Mental wellbeing Growing and changing Keeping safe	<i>Developing agency, strategies to manage influence and decision making</i>  <i>Developing agency and decision making skills.</i>	<i>Developing agency and strategies to manage influence and access support</i>  <i>Developing agency and strategies to manage influence and access support</i>	<i>Developing empathy, compassion and strategies to access support</i>  <i>Developing decision making, risk management and support-seeking skills:</i>	<i>Developing agency and decision making, strategies to manage influence and access support</i>  <i>Developing motivation, organisation, leadership and presentation skills</i>	<i>Developing confidence, agency and support-seeking skills</i>  <i>Developing motivation, organisation, leadership and presentation skills:</i>

Cross curricular links, Science, PE and Citizenship LPS RE/ RSE (PSHE) Curriculum – KS1-4