

## RSE Yr 7 EBA overview for the year

	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	Week 7
<b>Half term 1 Independence and aspirations LWW</b>	Developing goal setting, organisation skills and self-awareness: • Personal identity and values	Developing goal setting, organisation skills and self-awareness: Personal identity and values	Developing goal setting, organisation skills and self-awareness: Personal identity and values	Developing goal setting, organisation skills and self-awareness: Learning skills and teamwork	Developing goal setting, organisation skills and self-awareness: Learning skills and teamwork	Developing goal setting, organisation skills and self-awareness: Respect in school	Developing goal setting, organisation skills and self-awareness: Respect in school
<b>Half term 2 Autonomy and advocacy R</b>	Developing empathy, compassion and communication: • Making and maintaining friendships	Developing empathy, compassion And communication: • Making and maintaining friendships	Developing empathy, compassion And communication Making and maintaining friendships	Developing empathy, compassion And communication Identifying and challenging bullying	Developing empathy, compassion And communication Identifying and challenging bullying	Developing empathy, compassion And communication Communicating online	Developing empathy, compassion And communication Communicating online
<b>Half term 3 Choices and influences HW</b>	Developing agency, strategies to manage influence and decision making: • Regulating emotions	Developing agency, strategies to manage influence and decision making: Regulating emotions	Developing agency, strategies to manage influence and decision making: Diet and exercise	Developing agency, strategies to manage influence and decision making: • Diet and exercise	Developing agency, strategies to manage influence and decision making: • Hygiene and dental health	Developing agency, strategies to manage influence and decision making: Sleep	
<b>Half term 4 Independence and aspirations LWW</b>	Developing self- confidence and self-worth: • Puberty and managing change	Developing self- confidence and self-worth: • Puberty and managing change	Developing self- confidence and self-worth: • Puberty and managing change	Developing self- confidence and self-worth: Body satisfaction and self-concept	Developing self- confidence and self-worth: Body satisfaction and self-concept	Developing self- confidence and self-worth: Body satisfaction and self-concept	
<b>Half term 5 Autonomy and advocacy R</b>	Developing assertive communication, risk management and support-seeking skills: Rights in the community	Developing assertive communication, risk management and support-seeking skills: Relationship boundaries	Developing assertive communication, risk management and support-seeking skills: Relationship boundaries	Developing assertive communication, risk management and support-seeking skills: Unwanted contact	Developing assertive communication, risk management and support-seeking skills: Unwanted contact	Developing assertive communication, risk management and support-seeking skills: FGM and forced marriage	
<b>Half term 6 Choices and influences HW</b>	Developing agency and decision making skills: • Drugs, alcohol and tobacco	Developing agency and decision making skills: Drugs, alcohol and tobacco	Developing agency and decision making skills: Drugs, alcohol and tobacco	Developing agency and decision making skills: Safety and first aid	Developing agency and decision making skills: Safety and first aid	Developing agency and decision making skills: Safety and first aid	Developing agency and decision making skills: Safety and first aid