

Dear Parents and Carers,

As a part of your child's education at Longdon Park School, we promote personal wellbeing and development through a comprehensive Relationships, Sex and Health Education (RSHE) programme. RSHE is the curriculum subject that gives young people the knowledge, understanding, attitudes and practical skills to live safe, healthy, productive lives and meet their full potential.

I am writing to let you know that, over the academic year, your child's class will be taking part in lessons which will focus on the relationships and sex education (RSE) aspect of this programme.

RSE lessons in Years 3–6 will include teaching about:

Healthy relationships, including friendships and families; growing and changing, including puberty; personal hygiene; changing feelings; becoming more independent; keeping safe on and offline; consent; developing self-esteem and confidence. Pupils will also have opportunities to ask questions that help prepare them for relationships of all kinds in the modern world.

RSE lessons in Years 7–11 will include teaching about:

Healthy relationships, including friendships and intimate relationships; families; growing and changing, including puberty; personal hygiene; changing feelings; becoming more independent; keeping safe on and offline, including understanding the role and potential impact of pornography; consent; developing self-esteem and confidence. Pupils will also have opportunities to ask questions that help prepare them for relationships of all kinds in the modern world.

RSHE is taught throughout the school in every year group and is monitored and reviewed regularly by staff and the governing body. Please visit the school's website for more detail about our RSHE curriculum. You can view what your child will learn over the coming year on our website. Questions to help you discover how you can best support your child to discuss these topics at home can be referred to the email address below.

All RSHE teaching that takes place will be delivered in a safe learning environment and is underpinned by our school ethos and values, as well as our safeguarding guidelines and procedures.

As a school community, we are committed to working in partnership with parents and carers. If you would like to find out more or discuss any concerns, we would urge you to familiarise yourself with the information on our website, speak with your school contact and discuss these topics with your young person where appropriate.

Parents and carers have the right to request that their child is withdrawn from some or all sex education delivered as part of statutory RSE. There is no right to withdraw a child from

Relationships Education or Health Education, or from content taught as part of the Science curriculum, including relevant content relating to puberty and sexual reproduction.

Where a parent or carer requests withdrawal from sex education, the Headteacher will discuss the request with the parent or carer and, where appropriate, the pupil, before making a decision in line with the DfE statutory guidance.

In primary education, where the school provides sex education, a request to withdraw must be granted, except where the content forms part of the Science curriculum. In secondary education, a request to withdraw may be refused in exceptional circumstances, for example where there are safeguarding concerns or where a pupil has a specific vulnerability.

From three terms before a pupil turns 16, the pupil can choose to opt back into sex education even if their parent or carer has previously requested withdrawal.

If you would like to request that your child is withdrawn from sex education, please complete the form below and return it to the school. We strongly recommend that parents and carers discuss any concerns with the school before making a decision, so that we can explain the content and purpose of the lessons and how they support pupils' wellbeing, safety and preparation for adulthood.

Yours sincerely,

Kayleigh Sanders

DSL/Behaviour and Attitudes Assistant Headteacher

Kayleigh.sanders@longdonparkschool.co.uk

Request to Withdraw from Sex Education

I/We wish to request that our young person _____

is withdrawn from the sex education aspect of the RSHE curriculum for the current academic year.

Signed _____

Print name _____

Date _____